

## **Resources For Parenting – Terms & Conditions**

### **1. Purpose of Services**

Our parent coaching services are designed to provide guidance, strategies, and support to help you enhance your parenting skills, strengthen family relationships, and make your family life better. Coaching is not therapy or counseling. Coaching is not medical advice. Coaching is not a substitute for therapy, counseling, or medical advice.

### **2. Confidentiality**

We respect your privacy. All information shared during sessions will remain confidential, except where disclosure is required by law (e.g., risk of harm to self or others, child protection concerns).

### **3. Session Guidelines**

- Sessions are scheduled in advance and conducted via video call or phone.
- Please arrive on time; late arrivals may result in a shortened session.
- Cancellations require at least 24 hours' notice to avoid being charged.

### **4. Payment & Refunds**

- Payment is due at booking.
- Missed sessions without notice are non-refundable.
- Refunds are only provided in exceptional circumstances at our discretion.

### **5. Client Responsibility**

You are responsible for your own decisions, actions, and outcomes. Coaching is a collaborative process, and results may vary depending on your commitment and circumstances.

### **6. Limitation of Liability**

We are not liable for any direct or indirect damages resulting from the use of our services. By participating, you agree to release us from any claims related to coaching outcomes.

### **7. Changes to Terms**

We may update these Terms & Conditions from time to time. Continued use of our services indicates your acceptance of any changes.

### **8. Copyright**

All materials, including articles, videos, and downloadable resources, are

protected by copyright law. You are welcome to share links to our content, but reproduction or distribution without written consent is prohibited.

## **9. Contact**

If you have questions about these Terms & Conditions, please contact Jennifer Watanabe: [Jennifer@ResourcesForParenting.com](mailto:Jennifer@ResourcesForParenting.com)

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