

Positive Parenting Resources



When parenting is challenging where can you turn?

For easier parenting, the American Academy of Pediatrics recommends the research-based positive parenting approach which is encouraging and effective long term. *Positive Discipline* provides a roadmap for using positive parenting tools. In positive parenting, discipline means to teach.

These [Positive Discipline](#) classes are starting soon:

\$20 per class:	Wednesday @ 7pm	Thursday @ 10am	Saturday @ 10am
Help! My Child is Having a Temper Tantrum	Sept. 13	Sept. 14	Sept. 16
Help! Why Does My Child Act Like That?	Sept. 20	Sept. 21	Sept. 23
How Can I be More Encouraging & Less Critical?	Sept. 27	Sept. 28	Sept. 30

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